



Event: Train the Trainer
Speakers: Amelia Brown and Lindsey Schiel
Date: September 20, 2013
Location: Consumers Energy in Royal Oak
**We want to thank Consumers Energy
For their generosity for Sponsoring this Event**



The Michigan Lean Consortium (MLC) partnered with Consumers Energy on September 20, 2013 for Train the Trainer educational event featuring Amelia Brown and Lindsey Schiel.

The Train-the-Trainer course is an intensive skill-building experience that taught attendees how to become better instructors, presenters, facilitators and meeting leaders. Attendees learned the practices, behaviors and tools they need to improve audience participation, buy-in, comprehension, retention and application.

Specifically, attendees learned how to plan and organize their materials, including openers and closers, curriculum “shaping” methods and visual aids. They were exposed to a variety of experiential learning principles that they can use to increase teaching effectiveness. And they delved into the specifics of the adult learning cycle and different learning styles.

Upon completion of this course, participants were able to:

- Understand the adult learning cycle.
- Identify and appeal to four learning styles and seven types of “smarts.”
- Apply experiential learning principles to make facilitating/training more engaging and effective.



- Understand Hierarchical (lecture), Co-operative (activities) and Autonomous (reflection) training modes.
- Identify behaviors that contribute to confident presentations/facilitations.
- Set the scene using powerful openers and closers.
- Effectively deal with difficult audience/team members

Approximately 19 people attended this event in Royal Oak.

Speaker Bio:



Amelia Brown is an award winning speaker, trainer and lean practitioner. As a Performance Excellence Leader at Consumers Energy, Amelia facilitates using Lean and Six Sigma methodologies to help drive change and process improvements throughout the company. A true champion for change & process improvement, Amelia is working towards her certification as a lean facilitator. Additionally, she is a proud appointed member and the historian for the Women's Advisory Panel (W.A.P.), an employee resource group at Consumers Energy that focuses on the empowerment of women throughout the company. She is certified as a World Class Speaking Coach, a member of the National Speakers Association and Toastmasters International. Amelia graduated from Michigan State University with a Bachelors of Arts degree in Communication.

[See photos from the event on Facebook.](#)

The mission of the MLC is to offer a diverse network of knowledgeable lean professionals who come together to share innovative practices. The organization aims to create a lean culture in Michigan to ensure sustainable competitive advantage, which could translate into healthier businesses that offer more job opportunities leading to economic growth in the state.