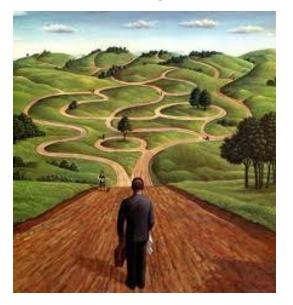




### Mercy Health Saint Mary's Kata Story



6/15/2016





#### Who is Saint Mary's

 Mercy Health Saint Mary's is a 344 bed acute care hospital with 2500 colleagues and 120 primary care physicians and 50 specialists





• Saint Mary's is one of over 100 hospitals in the larger Trinity Health nationwide system.

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MERCY HEALTH

 Process Excellence is a department of 10 colleagues that serve the Saint Mary's organization

The Process Excellence team partners with leaders and colleagues, empowering every person to live into a brighter future for Mercy Health Saint Mary's patients, families and community. We leverage the human spirit and the challenging environment of healthcare, striving for perfection through daily practice of continuous improvement





#### Our Kata Journey

- Kata training at the 2014 MLC annual conference
- Began with 2 boards in our Anatomic Pathology lab in January of 2015-both of these teams are still active and working on new problems





 Partnered with Micron Manufacturing to accelerate our learning, look for trends and learn from one another



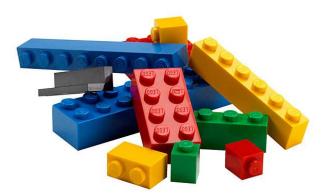


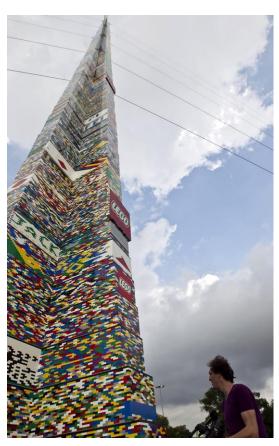


## Lesson Learned #1

## The Little Stuff is the Big Stuff

Celebrate the small wins!! Stories from 4 of the 12 current active teams









#### Anatomic Pathology

#### Challenge

# Improve report TAT-% of cases signed out within 24 hours from 61% to 72%

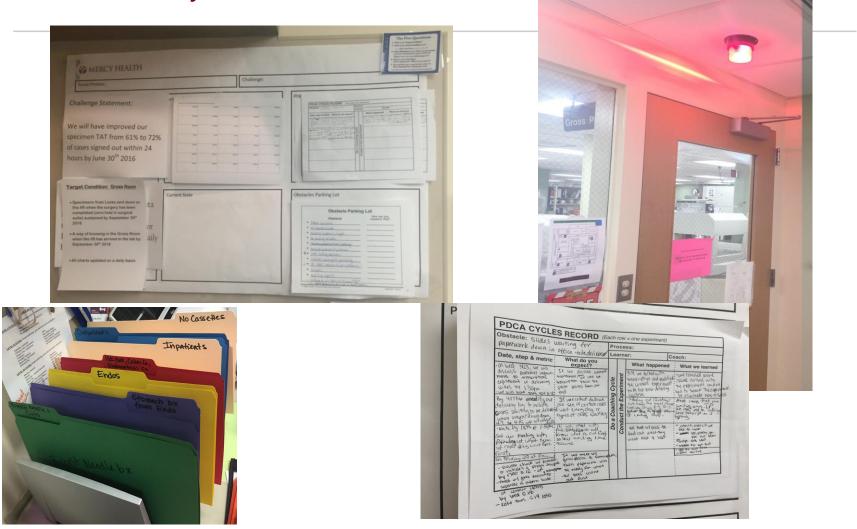
#### Results to date

- Reduction of recut slides by 50%
- Cases signed out in 24 hours is 63%





#### AP-How did you do that?







#### CT Team

#### Challenge

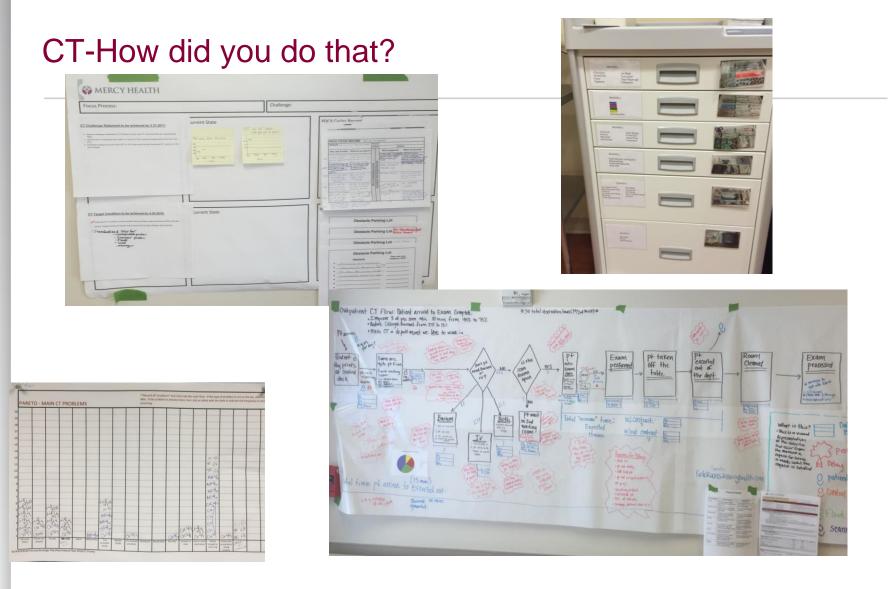
Increase % of patients seen within 10 minutes of apt time from 44% to 75% and decrease OT by from 3.2% to 1.6%

#### Results to date:

- Overtime down from 3.4% to 3%
- % of patients seen within 10 minutes increased from 44 to 48%







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#### **Tube Station Team**

#### Challenge

STAT, routine and PTS specimens quantity are visible to tube station tech and charge tech within 30 seconds

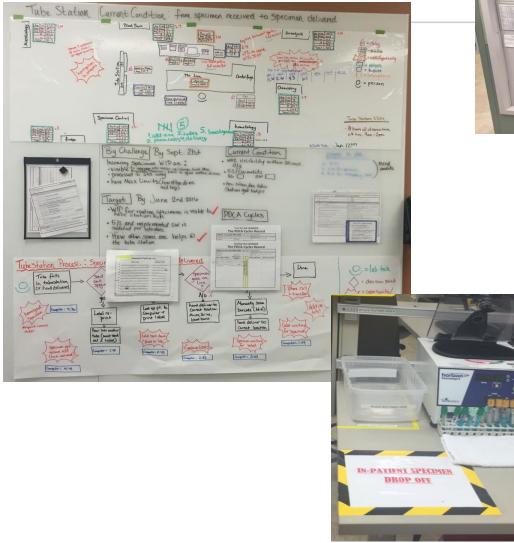
Results to date:

- Routine specimens are visible within 30 seconds
- Reduction in time away from the bench by 50%





#### TS-How did you do that?











#### Wege Team

#### Challenge

#### Reduce redraw rate by 50% maintained for 4 months

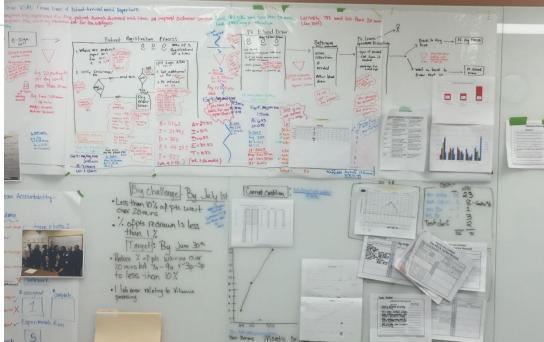
Results to date

• Redraw rate reduced by 80% sustained for 6 months





#### Wege-How did you do that?















#### Long Term care Pharmacy Team

#### Challenge

# Reduce FY 16 STAT courier fees by 10% (baseline of >\$500,000 in FY 15)

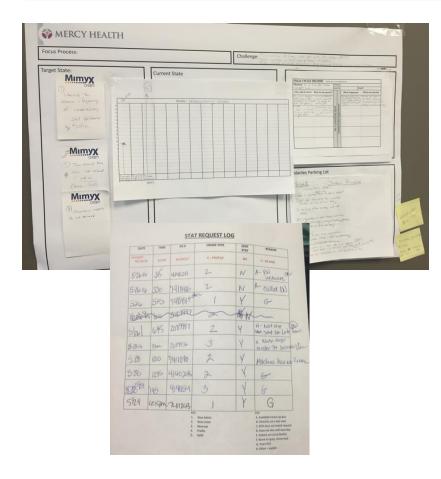
#### Results to date:

- Reduction of \$0.71 per STAT request
- Reduction of unnecessary STAT pick up by 43%
- Total reduction of STAT delivery fees of \$1000.00 per week

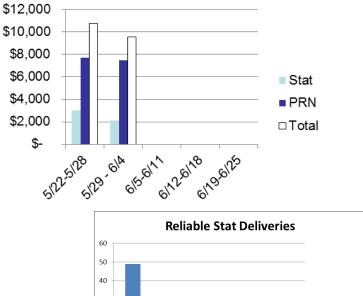


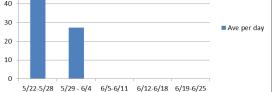


#### LTC-How did you do that?



#### **Reliable Charges**









## The **BIGGEST** little wins!!!

- Teams learn to collect data-they become more efficient in determining what to collect, how to collect it and how to tell a story with it
- Teams learn how to hold each other accountableempowering themselves and relying less on their manager/leader
- Teams learn how to have focused conversations
- Teams learn how to test an idea and run an effective experiment





## Lesson Learned #2

## Short Cuts lead to Dead Ends

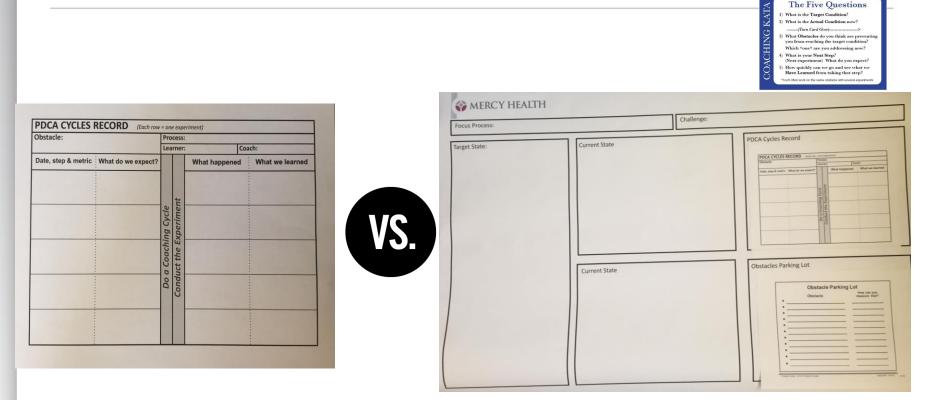
The fastest way to go nowhere is to attempt a shortcut







#### Shortcut 1: use a PDCA cycle record alone



We have found that when we did this:

- PDCA cycle record became an action item list
- Our efforts were not as focused toward an end goal





#### Shortcut 2: Target date further out than 1 month





We have found that when we did this:

- Our targets were often not met
- Our efforts were not as focused
- Our next steps became too big





#### Shortcut 3: Meet when you can meet



Week of: Week of Week of: Week of Week of Week of: Week of: Week of 2-16 2-23 3-2 3-9 3-16 3-23 3-30 4-6 4-13 4-20 4-27 5-4 5-11 5-18 5-25 6-1 6-8 6-15 6-22 6-29 Active Kata board: 20 cycles Λ 8 10 11 12 13 14 15 17 18

Kata cycles plan v. actual/1st coach compliance to kata process

	Trained Kata coach: 20 active cycles												
1	2	3	4	5	6	7	8	9	10	11	12	13	14
Trained Learner: 10 active cycles													
1	2	3	4	5	6	7	8	9	10				
. 1	2	<u> </u>		-	6	-	0		40				
1	2	3	4	5	6	/	8	9	10				
1	2	3	4	5	6	7	8	9	10				
T	2	3	4	5	0	/	ð	9	10				

We found that when we do this:

- We don't meet when we said we would
- We have lower team attendance





#### Shortcut 4: Just put anything down on the obstacle list



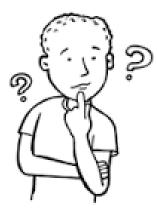
When we have done this we found:

- Removing an ill-defined obstacle is harder to do-taking the right steps is more difficult
- Obstacles that are stated as solutions are harder to remove
- When the list isn't specific to the current target condition the right steps aren't taken





#### Shortcut 5: fill out the cycle record "later"





This one has provided MUCH learning:

- Left side-we don't remember what we said and why, we don't follow through
- Right side-our next steps aren't as well thought out because we haven't done the hard work of figuring out what learning we had and what makes sense to do next





#### Our own flare

- We have implemented the use of a "good idea parking lot"
- We use a standard work for teaching new learners and training new coaches
- We allow no more than 3 PDCA cycle records to be worked at a time per team
- We have found success partnering the kata practice with a process or value stream map
- We are currently meeting weekly with teams for one hour







#### What's next for us

• Kata in the classroom training for frontline colleagues

- Our process excellence team is currently working on a way to monitor, maintain and improve the kata process for the organization
  - How do we all benefit from learnings we have
  - How do we keep the process standardized throughout the organization
  - How can we "tell the story" using Kata boards-history of previous target conditions and fun learning





#### Questions

